

## NATIONAL TEAM OPEN SPRINT CAMP DENMARK | 9-13 APRIL 2022



The Finnish national team is joining the official WOC training camp, and offer the possibility to **potential WOC and World Cup runners** to join that activity with the national team.

### GENERAL COMMENTS:

The idea is to find as high relevancy as possible for WOC 2022, and make the best of the training's offer from organizers to get great matching in "competition-like" situations.

More info to come about the detailed training plan

<https://www.woc2022.dk/training-camp-6/>

### PLAN:

#### Flight:

**09.4** 11:15 HEL – 11:55 CPH | **13.4** 17:30 CPH – 20:05 HEL

Group ticket with a few extra seats available.

#### Accommodation:

Full board (including lunchpacket) at Danhostel Kolding in triple or quadruple rooms.

#### Transport on spot:

Car rental from Copenhagen airport

#### Cost of the activity:

6-700€

### LEADERS:

Thierry Gueorgiou	Coach +46737671688
Vroni König-Salmi	Coach
Antti Harju	Coach
Anders Åkerman	Kiropraktor
Laura Mierlahti	Nutritionist

### ENTRIES:

Thru this link:

<https://docs.google.com/spreadsheets/d/13EwI770-lfcGnHnQNStuK6njJmk5rKtHDabIdGxI4CA/edit?usp=sharing>

before the 28<sup>th</sup> February 2022. In case of too high interest for that activity, a selection will be made with the sprint orienteering world ranking, and communicate to the runners entered the 1<sup>st</sup> March.

